

**STONE CITY COUNSELING, Inc.**

2325 Q Street

Bedford, IN 47421

Phone (812) 279-HOPE (4673)

Fax (812) 279-4672

**BIOPSYCHOSOCIAL DATA:**

**\*\*\*please feel free to put N/A or don't know or draw a line through any question unrelated to you**

**Current Relationship Status** (please circle): Married Partnered Divorced Single Widow(er)

Number times married and divorced \_\_\_\_\_ Number times cohabitated and separated when partnered \_\_\_\_\_

**Past Mental Health Treatment:**

Date Started	Date Ended	Location	Reason for Treatment

**Substance Use History—Past/Current:** Please inform us of the following:

How old when you first tried drugs \_\_\_\_\_ and/or alcohol \_\_\_\_\_

Current substance(s) of use (please list all) \_\_\_\_\_

When did you first begin to use each substance: \_\_\_\_\_

Frequency of use: \_\_\_\_\_

**Do you feel your use has become a problem for you?** Please circle Yes or No. (You may elaborate at session with therapist if necessary.)

**Please report any family history of substance abuse/dependence** \*for instance list any relatives including biological aunts, uncles, grandparents:

**Please list any family members you are aware of who have had mental/emotional or behavioral illness.** (for example: anyone who has committed suicide even if it is someone you have not met but have been related biologically)

**Have you had any traumatic events in your life?** You may elaborate on this in session but for now please at a minimum state yes or no

**Please inform us of how far you have gone in traditional academia.** For instance did you graduate from high school or college, receive a GED, complete vocational school \_\_\_\_\_

**Please describe family of origin:** Did your mom and dad stay married \_\_\_\_\_ . Did both parents raise you \_\_\_\_\_ if not, which parent was involved \_\_\_\_\_ . If neither parent who, was your guardian \_\_\_\_\_ . How many siblings \_\_\_\_\_ Were they male or female please list \_\_\_\_\_ Of what birth order are you \_\_\_\_\_

**Please briefly describe any history of physical or sexual abuse** (you will have a chance to discuss or not with clinician):

**Please list any MEDICATIONS you currently take, even if they are over the counter, in the chart below:**

Name	Dosage	Prescribed by who?

**Please list any allergies/medical conditions:** \_\_\_\_\_

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Please list current support systems (people you go to when you need help): \_\_\_\_\_  
 \_\_\_\_\_

List ALL household members in the chart below: \_\_\_\_\_ How long have you lived at current residence: \_\_\_\_\_

Name	Age	Relationship

Are you currently employed? If so, where?: \_\_\_\_\_ How long: \_\_\_\_\_  
 Length of longest employment: \_\_\_\_\_

Have you ever been arrested (when and what was the charge): \_\_\_\_\_  
 \_\_\_\_\_

Clinical/Diagnostic Data

Please check any symptoms you are **CURRENTLY** experiencing. When did symptoms begin: \_\_\_\_\_

Suicidal Ideation (SI)	Poor Self Care	Crying More Frequent
Homicidal Ideation (HI)	Anxiety Attacks	Depressed mood most of the day
SI with a Plan	Reoccurring Thoughts	Nervous Around People
HI with a Plan	Hearing Things that aren't there	Smelling Items
SI with a Plan and Intent	Changes in Sleep	Problems with Drugs
HI with a Plan and Intent	Changes in Appetite	Problems with Alcohol
Thoughts of Harm	Unable to Perform Tasks	Seeing Things
Intrusive Thoughts	Dizziness (not medical)	Hallucinations
Nightmares	Hopelessness	Depression
Anger/Irritability	Feelings of guilt	Low self-esteem
Trouble concentrating/focusing	Memory problems	Racing thoughts
Weight loss or gain	Worthlessness	
Impulsivity	Hypervigilance	Decreased interest in activities you used to enjoy

Please explain any other information you feel is important for therapist to know:  
 \_\_\_\_\_  
 \_\_\_\_\_

Please briefly list goals for treatment \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Client Signature \_\_\_\_\_ Date: \_\_\_\_\_